

TO: Cross Country Coaches & Activities Directors  
FROM: Naomi Hatfield, DHS Activities Director, 605-209-4965, Naomi.hatfield@k12.sd.us  
RE: Cross Country Invitational Information

**DOUGLAS EARLY BIRD CROSS COUNTRY MEET**  
**At the PRAIRIE RIDGE GOLF COURSE, EAFB**  
August 27

**9:00 am rolling time schedule**

Girls' Varsity	5000 Meters	9:00 AM
Boys' Varsity	5000 Meters	9:30 AM*
Girls' JV	4000 Meters	10:00 AM*
Boys' JV	4000 Meters	10:30 AM*
Middle School races may be combined, depending on numbers.		
6 <sup>th</sup> Grade Girls	3000 Meters	11:00 AM
6 <sup>th</sup> Grade Boys	3000 Meters	11:20 AM
7 <sup>th</sup> Grade Girls	3000 Meters	11:40 AM
7 <sup>th</sup> Grade Boys	3000 Meters	12:00 PM
8 <sup>th</sup> Grade Girls	3000 Meters	12:20 PM
8 <sup>th</sup> Grade Boys	3000 Meters	12:40 PM
Medals/ribbons handed out to top 15 finishers at the finish line.		

**WALK THROUGH:** On your own beginning at 8:00 AM. No one will be allowed on the course until 8:00 AM. PORTABLE TOILETS WILL BE AVAILABLE ON SITE. Do Not Enter the clubhouse.

**ENTRIES:** Varsity – 10 max / Junior Varsity – 15 max / MS races – Unlimited entries  
**Enter all possible runners' names by August 26th, 12:00 pm on www.athletic.net.** We will use FinishLynx timing system. Scratching a runner is easy. Adding them the day of the event is time consuming.

**OFFICIAL STARTER:** Larry Stevens      **Timing System:** Darren Paulson

**AWARDS:** Varsity: Medals to individuals, places 1-15  
Junior Varsity: Ribbons to individuals, places 1-15.  
Given to coaches or mailed to schools,

**TEAM CAMPS:** Please advise your athletes to USE THE PORTABLE TOILETS in the parking lot. THERE WILL BE NO CHANGING ROOMS AVAILABLE.

Please ADVISE PARENTS TO STAY AWAY FROM THE RACE LINE. Keep all traffic and team camps in the rough areas. Stay off greens and tee boxes. We would appreciate each school cleaning their team camp area thoroughly before leaving.

**WATER / TRAINING:** There will be some water provided at the finish line for runners. We will likely run out so bring personal water bottles. An athletic trainer will be located at the finish line.

**DIRECTIONS:** Driving East on I-90 from Rapid, take exit 67B. From I-90 going West, take exit 67. Go approx. 1.5 miles to the 4-way stop and turn left onto Ellsworth Road. Prairie Ridge Golf Course is on the right.

**TEAMS INVITED:** Belle Fourche, Bennett County, Cheyenne-Eagle Butte, Custer, Hill City, Hot Springs, Kadoka Area, Lakota Tech, Lead-Deadwood, Little Wound, Pine Ridge, RC Central, RC Christian, RC Stevens, Red Cloud, Spearfish, St. Thomas More, Sturgis Brown, Wall, Shanley HS(ND), Bowman HS(ND)